

Form 144 Filer Information

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 144

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001977970

Filer CCC XXXXXXXX

Is this a LIVE or TEST Filing? ☒ LIVE ☐ TEST

Submission Contact Information

Name

Phone

E-Mail Address

144: Issuer Information

Name of Issuer Atara Biotherapeutics, Inc.

SEC File Number 001-36548

Address of Issuer c/o Atara Biotherapeutics, Inc.
1280 Rancho Conejo Boulevard
Thousand Oaks
CALIFORNIA
91320

Phone 805-623-4211

Name of Person for Whose Account the Securities are To Be Sold Nguyen AnhCo

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Director

Relationship to Issuer Officer

144: Securities Information

Title of the Class of Securities To Be Sold Common Stock

Name and Address of the Broker Morgan Stanley Smith Barney LLC
Executive Services
200 W Civic Center Drive, 4th Floor
Sandy
UT
84070

Number of Shares or Other Units To Be Sold 3346

Aggregate Market Value 46040.96

Number of Shares or Other Units Outstanding 7210235

Approximate Date of Sale 11/17/2025

Name the Securities Exchange

NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class

Common Stock

Date you Acquired

11/15/2025

Nature of Acquisition Transaction

Settlement of vested RSUs issued under an S-8 Registration Plan

Name of Person from Whom Acquired

Issuer

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

7788

Date of Payment

11/15/2025

Nature of Payment

Equity compensation for services rendered

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller

AnhCo Nguyen
1280 Rancho Conejo Boulevard
Thousand Oaks
CA
91320

Title of Securities Sold

Common Stock

Date of Sale

08/18/2025

Amount of Securities Sold

2958

Gross Proceeds

34360.3

144: Remarks and Signature

Remarks

Shares sold automatically to satisfy tax withholding obligations in connection with the vesting of previously granted restricted stock units, pursuant to a sale-to-cover provision in the award agreement.

Date of Notice

11/17/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

/s/ John Chao, Attorney-in-Fact for AnhCo Nguyen

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)